

# CARMEN SANDIEGO

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## EDUCATION

### Bachelor of Science in Biology, Pre-Medicine Option | GPA 3.8

Expected June 20XX

*Oregon State University, Corvallis OR*

- Relevant Coursework: General Psychology I & II, Biomedical Ethics, Molecular Medicine & Year-long series in Advanced Human Anatomy and Physiology
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## CLINICAL EXPERIENCE

### Certified Nursing Assistant

Jan 20XX – Aug 20XX

*Samaritan Health Services, Albany OR*

- Supported a team of 4 nurses in monitoring restorative care and other clinical programs to ensure patients are provided with highest quality of care
- Documented vital signs of 10+ patients per day with 100% accuracy including temperature, respiratory vitals, blood pressure and heart rate to ensure stability of patient health by communicating any changes
- Provided companionship to patients during difficult periods of their lives while maintaining strict confidentiality of illnesses by following all HIPPA rules and regulations

### OBGYN Medical Preceptorship

Sept 20XX – Dec 20XX

*Oregon State University/Samaritan Health Services, Albany OR*

- Observed gynecological examinations, prenatal care assessments, labor monitoring, and postpartum follow ups to absorb the comprehensive patient care by asking questions and taking notes
  - Participated in interdisciplinary discussions, learning about the integration of obstetrics and gynecology with other medical specialties for holistic patient management
  - Assessed personal values and alignment with OBGYN professions by completing a values assignment to investigate the level of alignment between OBGYN medical professions and personal goals and values
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## OTHER RELEVANT EXPERIENCE

### OSU Tour Ambassador

June 20XX – June 20XX

*Oregon State University Welcome Center*

- Guided diverse groups of 30+ prospective students and families from a variety of locations and backgrounds by providing history and information about Oregon State University's historic campus and programs
- Explained complex programmatic details to thoroughly answer a wide variety of questions from tour groups

### Pickleball Team Member

Sept 20XX – June 20XX

*Oregon State University Intramural Sports*

- Collaborated on a team of 12+ members competing in pickleball tournaments as a pair using strong communication and organizational skills to optimize on field strategy

### Volunteer Foster Children Music Teacher

Aug 20XX – Nov 20XX

*Court Appointed Special Advocates For Children, Benton County OR*

- Led 20 foster children ages 9-13 years old in music, nurturing their passion for music and creativity by providing individualized instruction to support skill development
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## SKILLS & CERTIFICATIONS

**Healthcare:** Physical Examination Skills, Medical Terminology, Electronic Health Records (EHR), Medical Writing, Clinical Documentation, Emergency Medical Skills, Human Anatomy, CPR & First Aid, Patient Advocacy

**Certifications:** Certified Nursing Assistant (Expired June 20XX), Basic Life Support (BLS) Certification (Expires Feb 20XX), CPR & First Aid (Expires Mar 20XX)